

# CVSC

Conwy Voluntary Services Council  
Cyngor Gwasanaethau Gwirfoddol Conwy

# CGGC

[www.cvsc.org.uk](http://www.cvsc.org.uk)



## CELEBRATING VOLUNTEERS WEEK 2009

Millennium Volunteers and others receive their certificates at a celebratory event at Ty Hapus.  
More inside.....

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CIRCULATION

78

July 2009



INVESTOR IN PEOPLE  
BUDDSODDWR MEWN POBL

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and volunteers in Conwy**

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The next edition of this newsletter will be distributed in October 2009  
Should you or your organisation wish to contribute a news item or flyer - then please forward to Jan Smith, Information Officer,  
by Friday 18 September 2009

The opinions expressed in this publication are not necessarily those of CVSC. We reserve the right to edit for publication. This newsletter was designed, printed and distributed by CVSC.

Our mailings are available, by request, in large print, disk or Braille and also on audio cassette (Courtesy of Y Gadwyn, Charity no. 1030284 and Colwyn Link Talking Newspaper, Charity no. 514106)

CVSC acknowledge receipt of funding from:

Welsh Assembly Government, Conwy County Borough Council and Conwy Local Health Board



For your community information needs  
visit:  
[www.conwycommunitydirectory.org.uk](http://www.conwycommunitydirectory.org.uk)

### Summer 2009

Welcome to the summer edition of the CVSC Newsletter. Many thanks indeed to the groups who have renewed their membership and are currently receiving all the benefits that this brings. If you have not already done so then please rejoin—don't miss out!

#### **New staff member**

We welcome Jason Edwards to the post of Engagement Gateway Local Advisor, based at the Volunteer Centre. Further information about his role can be found in News from the Centre section p78.7

#### **Congratulations!**

We offer our congratulations to Laura Crawford on the award of an MBE in the Queen's Birthday Honours. Very well deserved! Also to the others in our local area who were given due recognition—our congratulations and thanks to you all!

#### **Important Date for your diary—CVSC AGM and Funding Conference 2009**

**Friday 30 October 2009, Llandudno Town Hall, 10am to 2pm**

Information stalls, workshops and more!

The general theme is Sustainable Funding and topics will include Gift Aid, How to tender, Social Enterprise

Full information will appear in our October newsletter—book early to ensure your place!



#### **CVSC Staff enjoy celebrating the 25th Anniversary of Volunteers' Week!**

CVSC staff got themselves noticed out and about in Llandudno on Friday 4 June, promoting Volunteers' week and the benefits of volunteering.

They also participated in a special award ceremony at Ty Hapus and provided interviews for airing on Llandudno Community Radio for most of the day. It was a wonderful day for everyone and the highlight was certainly the recognition for the variety of brilliant volunteering efforts being made by the individuals and groups present. Further information on the web [www.cvsc.org.uk](http://www.cvsc.org.uk)

#### **Training**

An exciting range of low cost local training opportunities are available—check out page 78.5 for further details.

#### **CVSC Website**

Work has begun for our new look, dynamic web site—coming to you soon with all the benefits of a more flexible and up to date platform. Remember it is always an excellent source of information so please visit regularly at [www.cvsc.org.uk](http://www.cvsc.org.uk)

#### **Join us at the launch of the new IT initiative, 13 July, at the Ty Llywelyn Community Centre, Llandudno!**

CVSC will have an information stall when Gareth Jones AM officially opens the newly equipped IT suite, partly funded through a CVSC CFAP small capital grant. During the week there are a wide range of FREE activities and IT workshops taking place.

To find out more, call the Centre on 01492 873412 or visit [www.bytebacktraining.co.uk](http://www.bytebacktraining.co.uk)

Full programme also available through CVSC website [www.cvsc.org.uk](http://www.cvsc.org.uk)

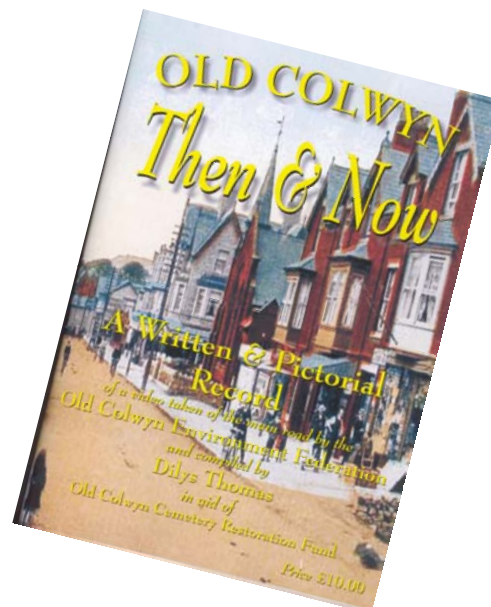
Remember, if you wish to attend one of the sessions please book a place with Sue Jackson on 07770472488 or [sue@bytebacktraining.co.uk](mailto:sue@bytebacktraining.co.uk)

## CVSC SMALL CAPITAL GRANTS SCHEME 2008-2011

Voluntary Organisations and Community Groups

In the last round, 21 groups and organisations were successful and a total of £66,000 was awarded. Successful groups were:

- ◆ Conwy Connect for Learning Disabilities
- ◆ Coastline Bluegrass Music Event
- ◆ Llanrwst Community Business and Tourism Group
- ◆ Alzheimer's Society Conwy Branch
- ◆ Conwy Valley Rotary Club
- ◆ Cwmni Penllan
- ◆ Ty'n y Groes Residents Association
- ◆ Llandudno Community Radio Ltd.
- ◆ Tyddyn Bach Trust
- ◆ Canolfan Centre Dewi Sant Committee
- ◆ Colwyn Bay Rugby Football Club
- ◆ Llanfairtalhaearn Community Centre
- ◆ North Wales Wildlife Trust
- ◆ Tre Cwm Community Association
- ◆ Golygfa Gwydyr
- ◆ Y Pentan
- ◆ Conwy Beekeepers Association
- ◆ CRUSE Bereavement Care
- ◆ Maen Alaw Cyf
- ◆ TAPE Community Music and Film
- ◆ Old Colwyn Cemetery Committee were successful in obtaining the award to print a written and pictorial record of Old Colwyn, "Then and Now" (pictured above) to raise funds toward their Restoration Fund. Copies are available from Cllr. Glyn Jones on 01492 516488



### Have YOU a project in mind?

If so, please contact us on 01492 534091 or e-mail [mail@cvsc.org.uk](mailto:mail@cvsc.org.uk) for the guidelines and eligibility criteria. They are also available for download from our website [www.cvsc.org.uk](http://www.cvsc.org.uk). Please note that the panel will not consider applications unless prior consultation has taken place with a CVSC officer.

Deadline for the next round is Friday 4 September 2009.

### New—Wales Funding Portal



Visit [www.sustainablefundingcymru.org.uk](http://www.sustainablefundingcymru.org.uk) for the new one-stop shop for funding advice and opportunities. It provides access to a searchable database of UK funding opportunities, advice and support on raising funds and tips on how to diversify funding.

### GROUPS WHO HAVE OBTAINED GRANT OF UP TO £500 FROM CASH FOR YOUTH

Action for Children, Kaleidoscope Theatre Company, Conwy Castlettes Morris Dancers, Sea and River Sense, Llandudno Junction Ladies Football Club, Step Into (Coleg Llandrillo), Cylch yr Ifanc (Dolwyddelan), Ty Llywelyn and Penmaenmawr Junior Sailing Club.

Further information available from [www.cashforyouth.co.uk](http://www.cashforyouth.co.uk)



**Campaigning and influencing—new information sheets now available to download from the CVSC website [www.cvsc.org.uk](http://www.cvsc.org.uk)**

- [Who represents me?](#)
- [Introduction to Welsh devolution and the Government of Wales Act 2006](#)
- [National Assembly for Wales and the Welsh Assembly Government](#)
- [Assembly business and committees](#)
- [Legislative Competence Orders](#)
- [Introduction to Assembly Measures](#)
- [The National Assembly for Wales Commission](#)
- [Petitioning the National Assembly for Wales](#)
- [The National Assembly for Wales - basic facts and glossary](#)
- [Local Government Information](#)
- [Planning a Campaign](#)
- ◆ [Campaigning and lobbying techniques](#)

**Bilingualism, language plans, Welsh medium provision and marketing?**

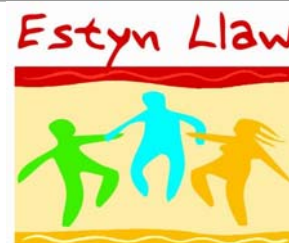
**Does your organisation need support with any of these topics?**

**If you do, help is at hand!** Estyn Llaw (which is Welsh for 'helping hand') has just reached North Wales, with Mari Wiliam being appointed as its first North Wales Officer, based in St Asaph.

Estyn Llaw can offer your organisation advice with developing bilingual material and language plans, it can help you find Welsh medium volunteers, and arrange language awareness training. A more bilingual image can often assist you in fundraising, and help you give better service to Welsh speakers, especially in the care and health sectors.

Any organisation is welcome to e-mail Mari on [mari.wiliam@iaith.eu](mailto:mari.wiliam@iaith.eu) (the 'wiliam' has one 'l' in case your e-mail gets returned!), or phone 01745 585120/ 07966 936263.

Please also visit our website [www.estynllaw.org](http://www.estynllaw.org).



Datblygu Dwyieithrwydd yn y Sector Gwirfoddol  
 Developing Bilingualism in the Voluntary Sector

**Cruse Bereavement Care North Wales are holding their first ever Bereavement Conference.**

The Interchange Conference Centre Old Colwyn ,Conwy on 30th of September 2009.

The issues discussed will be :

- 1.What we know works with bereaved children - David Trickey, Consultant Clinical Psychologist.
- 2.Love ,loss and the roots of complicated grief- Colin Murray Parkes ,Consultant Psychiatrist.
3. Three year's reseach on the effect of losing a parent in childhood and how that impacts on adult life- Jackie Ellis PhD student at the University of Liverpool where she is part of the Academic Palliative and Supportive Care Studies Group (APSCSG) **This conference will**

**benefit anyone working with bereaved adults or children.** For a booking form or for further details please email: [crusenorthwales@btconnect.com](mailto:crusenorthwales@btconnect.com) or call 08445 617 856

**Working Drawing Objects / Text Boxes and the Dreaded Drawing Canvas!** By default, Word 2003 inserts a drawing canvas when you insert a drawing object, such as a text box or AutoShape. This can be helpful if you want to group and arrange drawing objects, but it can be a nuisance if you just want to insert a drawing object. To get rid of the drawing Canvas, press the Esc key before you draw your object.

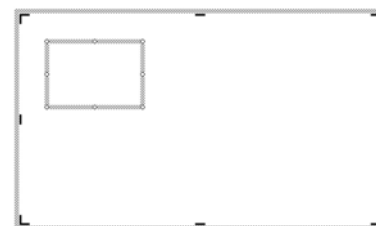
To get rid of it completely:

Select the **Tools** Menu and **Options**, then the **General** tab

Clear the **Automatically create drawing canvas when inserting AutoShapes** check box

**The Drawing Canvas**

Tips courtesy of Sue Jackson of ByteBack Training.



### Children & Young People's Partnership Voluntary Sector Network

The next meeting will be on 30 September at 10.00 am at a venue to be confirmed. To get your details on the mailing list or for more information, please contact Ann Westmoreland, CYPP Liaison Officer, tel 01492 523849 or email [annwestmoreland@cvsc.org.uk](mailto:annwestmoreland@cvsc.org.uk)

#### A Snapshot of Autism Education Provision in Wales

On 19 May, the Welsh Assembly Cross-Party Autism Group (CPAG) launched a report into specialist autism education in Wales at the Senedd Building in Cardiff Bay. Over 140 people attended, including parents, professionals and people with autism, as well as 15 Assembly Members.

The Welsh Assembly Cross-Party Autism Group was established in 2002 and has since had a role in bringing individuals, families, professionals and Assembly Members together to discuss issues affecting people with autism, their families and carers. The National Autistic Society Cymru (NAS Cymru) provides the secretariat for CPAG.

*A snapshot of specialist autism education provision in Wales* is based on information gathered from 33 education providers, including statutory and independent special schools, mainstream schools with autism resources and further education (FE) institutions. It follows concerns raised in a number of CPAG meetings that young people with autism in secondary and post-16 education are missing out due to a lack of organisation, awareness and understanding.

The final report examines topics such as the role of the Welsh Assembly Government's [ASD strategic action plan](#), released last year; co-operation between local agencies, schools and colleges; and disparities between state and independent provision. The report reveals that 75% of schools feel there is a lack of adequate local provision for the young people they support; with 58% feeling that FE provision for young people in Wales is inadequate.

Addressing the event were Jane Hutt AM, Minister for Children, Education, Lifelong Learning and Skills; Dai Lloyd AM, representing the Health Well-being and Local Government Committee; and Gareth Jones AM, Chair of the Enterprise and Learning Committee.

The launch also heard from Chris Major MBE, head of Heronsbridge Special School Bridgend, and Gary Watts, a young person with Asperger syndrome in his final year at the school. Gary referred to a number of bad experiences he had in his earlier school years, but demonstrated how his later years in education had been happier and more productive, thanks to better local organisation and understanding of his condition.

Commenting on the report, Assembly Member and chair of CPAG Janet Ryder said:

"I am glad to be able to present this report, which offers an useful insight into the problems faced by young people with autism in Wales, as well as problems faced by the education providers themselves. Some cases of good practice have also been highlighted, which we hope will serve as examples elsewhere in Wales. In many cases, if these institutions have an improved understanding and awareness of autism, coupled with suitable guidance, the problems young people face can be addressed."

NAS Cymru's National Co-ordinator, Shirley Parsley, added:

"The issues highlighted in this report are daily realities for young people with autism and their families in Wales. For example, we are told of parents who have had under a week between hearing a decision on a placement, and their child beginning college. Autism is much more common than most people think. It affects over 25,000 people in Wales. Of these, 6,000 are children and young people aged under 18. Missing out on the right support at the right time can have a profound sometimes devastating - affect on these youngsters and their families."

Source - National Autistic Society [www.nas.org.uk](http://www.nas.org.uk)

## CVSC Forthcoming Training

- ◆ **Staff induction**, 9.30am – 1pm 17 September 09
- ◆ **Roles and Responsibilities of Trustees**, 10.00am – 4.30pm 21 September 09
- ◆ **Earning**, 9.30am – 3.30pm, 28 September 09
- ◆ **Supervision and appraisal**, 8 October 09
- **Basic Skills Awareness training**, 9.30am– 12.30, 12 November 09
- **Monitoring and evaluation**, 1.30pm – 4.30pm, 19 November 09
- **Welsh Language Vocational Training**, 9.30am – 1pm, 20 November 09
- **Basic Skills Awareness Training**, 9.30 – 12.30, 26 November 09
- **Introduction to Volunteering and getting the best from volunteers**, 1- 4pm  
Monday 30 November 09
- **Updating your power-point and presentation skills**, 9.30am – 3.30pm, Ty Llywelyn,  
9 December 09

All courses held here at CVSC Offices, Colwyn Bay unless otherwise indicated.

For full information on other training opportunities across North Wales and wider by County Voluntary Councils please visit [www.coursesforcommunities.org.uk](http://www.coursesforcommunities.org.uk)

## Gift Aid Registration Surgery - PLACES LIMITED

When? Tuesday 15 September 2009 Where? Technium CAST, Bangor Cost? Free

Gift Aid enables charities to reclaim the tax paid on donations from individuals - for every pound your charity is given you can claim an additional 28p from HMRC. Make sure your charity is not missing out – come along to the Gift Aid registration surgery to find out about the five simple steps to getting up and running with Gift Aid.

Please note to book your place contact: Beryl Norgrove, Mantell Gwynedd, Yr Hen Orsaf Heddlu, Y Lawnt, Dolgellau, Gwynedd, LL40 1SB Tel: 01341 422575 E-mail: [dolgellau@mantellgwynedd.com](mailto:dolgellau@mantellgwynedd.com)

**Institute of Fundraising Tax-Effective Giving Workshop, 7 October 09,**  
**Cae Mor Hotel, Llandudno. 11am to 4pm Cost £20 including lunch and course materials.**

Covers the following topics : Gift Aid, Legacies, Share Giving and Payroll Giving

**Places limited—to book your place please call 0845 337 3801 or complete the booking form available via the CVSC website [www.cvsc.org.uk](http://www.cvsc.org.uk)**

## Basic Skills Conference for voluntary and community groups in Wales.

Wednesday, September 23rd, 2009. The Pavilion, Llandrindod Wells.

Guest Speaker: Phil Beadle Channel 4 – Can't Read, Can't Write & Unteachables.



Join us in mid-Wales and be part of a growing network of organisations who like to make a difference. There will be interesting workshops and speakers. Take the chance to find out what the project has done! Stand up and have your say! Tell us what you want for the future!

Basic Skills National Support Project for Groups at Risk of Social Exclusion.

E-mail [sianhanley@cvsc.org.uk](mailto:sianhanley@cvsc.org.uk) if you would like to book a place at the conference.

## Conwy Local Service Board (LSB)

Conwy LSB was established in shadow form in 2007 in response to the Welsh Assembly Government's commitment to engage with all parts of public service in Wales in order to provide a joint approach to local service improvement.

The main aim of the Local Service Board, of which there are twenty-two in Wales, one for each County, is to work collaboratively across organisational boundaries and to strengthen local public service leadership to tackle fundamental and unmet challenges from a citizen perspective.

The present Chair of Conwy LSB is David Scott of CVSC and the Board includes representatives from Conwy County Borough Council, Llandrillo College, North Wales Health Organisations, North Wales Police, Environment Agency Wales, Pennaf Housing Association, Snowdonia National Park and the Welsh Assembly Government.

Each LSB is charged with drawing up a Local Delivery Agreement outlining the key priorities it plans to tackle in the financial year, together with details of the objectives to be achieved.

Conwy LSB has agreed the following priorities: -

### Co-ordinated Capital Investment Planning

- ◆ To have an agreed and co-ordinated approach, by the partner organisations, to the investment of capital spend across the County
- ◆ To ensure our resources are focused on the needs of the population.
- ◆ To simplify the application process and to have a forward work programme in place
- ◆ To strengthen the local economy including employment opportunities
- ◆ To increase the skill base within Conwy
- ◆ To agree how redundant assets can be used to benefit the community
- ◆ To increase opportunities for shared accommodation

### Joint Approach to Workforce Development

- ◆ Develop skills for social care, tourism and construction
- ◆ Encourage the transfer of workforce skills across all sectors
- ◆ Reduce sickness rates
- ◆ Develop young people for the future Conwy workforce
- ◆ Develop an occupational health strategy
- ◆ Develop a joint approach to 14-19 pathways

### Scenario Planning

- ◆ Develop a demographic profile of Conwy
- ◆ Analyse current trends
- ◆ Make a prediction based on trends on the likely future needs of Conwy
- ◆ Draw up plans to meet those needs

Further information available from David Scott on 01492 523851 or e-mail [davidscott@cvsc.org.uk](mailto:davidscott@cvsc.org.uk)





## News from the Centre

### VOLUNTEERS' WEEK, 2009

The 25th Volunteers' Week was celebrated in style as some of the staff dressed up in various costumes and walked around Llandudno to draw attention to the Volunteer Centre and to the debt which our communities owe to the thousands of volunteers who make such a difference. Tudno FM were very helpful by allowing the Centre to conduct on air a number of interviews with volunteers, and generally advertising the Centre. Certificates were presented to Millennium Volunteers and also sent to nearly 50 volunteers to express on behalf of their organisations deep appreciation of their help and to say how much they are valued.

### CASH FOR YOUTH PROJECT

**Good use is being made of the grants that have been approved by the Youth Grants Panel.**

Our pictures show some of the work made possible through the funding. It's surprising what £500 in the right hands can achieve!

If you have a group of young people with the urge to make a difference, talk to Rhian at the Volunteer Centre to see what funding might be available.



Visit

**www.volunteering-wales.net**

to see all our current volunteer vacancies

**E**ngagement Gateway is a scheme supported by funding from the EU that aims to reduce economic inactivity in Wales and improve the employability of disadvantaged people furthest from the labour market.

The Gateway will invest in organisations that will target such groups as:

- Women who want to return to work
- Black, Asian & minority ethnic people
- People with a work limiting health condition/ disability
- Mental Health service users
- People over 50
- People in receipt of incapacity benefit
- Lone parents with children of all ages
- Young people not in employment, education or training
- Economically inactive people throughout Wales.

Contracts will be available to organisations to deliver positive outcomes to specific target groups and/or specific geographical areas. The Gateway will therefore wish to invest in organisations that provide activities to build the skills, confidence and knowledge of target groups and which link to a 'next step' such as referrals to other projects, volunteering, training, supported employment or full employment.

**Jason Edwards**, who is the Local Adviser for the scheme in Conwy, is based in the Volunteer Centre and he will be meeting many of the organisations as he introduces the scheme. But please get in touch with him in the Centre if you would like to discuss how your organisation could take advantage of the funding available and deliver services with the specified outcomes.

GWIRFODDOLWYR Y MILENIWM



MILLENNIUM VOLUNTEERS

Have you got young volunteers aged 16-25? Do they want to have their volunteering recognised for their CV or Record of Achievement? Then the Millennium Volunteers Scheme is just for them. Simple paperwork, possible funding, and volunteers who are proud of their Certificates. Contact Rhian at the Centre for details..