Health and Wellbeing Bulletin

**Friday 6th November 2020**

Helo Pawb/Hello everybody,

Today’s snippets for your information!

Cofion gynnes,

Geraint



**The Daily Giggle:**

A bus station is where a bus stops;

A train station is where a train stops;

On my desk, I have a work station…

**British Liver Trust:**

As part of Alcohol Awareness week, the British Liver Trust teams in Wales and Scotland are hosting a ‘**Thinking about Drinking’** virtual awareness event on:

**Tuesday 17th November - 11am to 12:30pm**

The event will include:

* An overview of the work of the British Liver Trust
* An explanation of how alcohol affects the liver
* Discussions around stigma and accessing support
* Conversations about the benefits of support groups for people affected by alcohol-related liver disease
* How we can improving community engagement
* Signposting and contact details

We would be delighted if you could join us, and if you could share this event with any colleagues, volunteers and stakeholders who would like to be part of the learning and discussions.  To register, please follow this link (Zoom joining details will be sent in advance):

[www.britishlivertrust.org.uk/register-to-attend-british-liver-trust-webinar/](https://britishlivertrust.org.uk/register-to-attend-british-liver-trust-webinar/)

**Conwy County Borough Council (Job Opportunity):**

We currently have a permanent vacancy for a Single Point of Access Officer. Please see email below from Victoria Hughes, Team Manager where you can find the links to Conwy’s Jobs Board, the Job Advert and Job Description.

Please could you share this with your network of colleagues, friends, family. The closing date is 19th November 2020.

[https://webrecruitment.secure.conwy.gov.uk/itlive\_webrecruitment/wrd/run/etrec106gf.display\_srch\_all?wvid=1854141z8g#wr\_content](https://scanmail.trustwave.com/?c=261&d=poyl33zloSG7_nfeSBJOCz19OaX6Q__wvuNkJbfVTw&u=https%3a%2f%2fwebrecruitment%2esecure%2econwy%2egov%2euk%2fitlive%5fwebrecruitment%2fwrd%2frun%2fetrec106gf%2edisplay%5fsrch%5fall%3fwvid%3d1854141z8g%23wr%5fcontent)

Job Advert

[http://jobs.conwy.gov.uk/webrecruitmentfiles/REQ003552EnglishAdv.docx](http://scanmail.trustwave.com/?c=261&d=poyl33zloSG7_nfeSBJOCz19OaX6Q__wvu4zJOCHGA&u=http%3a%2f%2fjobs%2econwy%2egov%2euk%2fwebrecruitmentfiles%2fREQ003552EnglishAdv%2edocx)

Job Description

[http://jobs.conwy.gov.uk/webrecruitmentfiles/REQ003552English.docx](http://scanmail.trustwave.com/?c=261&d=poyl33zloSG7_nfeSBJOCz19OaX6Q__wvu0wcrLTHw&u=http%3a%2f%2fjobs%2econwy%2egov%2euk%2fwebrecruitmentfiles%2fREQ003552English%2edocx)

**Carers Wales:**

Today is an important day for Carers Wales in our fight to improve the implementation of the Social Services and Wellbeing Act and ensure carers can access the support they need to care.

We are launching our 5th Track the Act report (attached) which monitors the delivery of the Act as it relates to unpaid carers. Due to the impact of the pandemic, we are also launching the attached COVID19 briefing. Also see our website: <https://www.carersuk.org/wales/news-campaigns/track-the-act/track-the-act-survey-briefings>

Our evidence shows that things were getting worse for carers even before the pandemic hit. We believe carers rights are being breached and we have grave concerns about the impact on services now and into the future, if Welsh Government and statutory bodies don’t commit to better supporting carers.

BBC Wales News have been covering the story in the morning bulletins and we are hoping to have a fuller bulletin on the early evening news. ITV Wales News is interviewing me at 10am and we hope they will also feature the launch on their early evening programme. A huge thanks to new Committee member Jules who has agreed to be filmed by the BBC. Beth has also recorded a Welsh language interview for BBC’s Welsh language news and one of our volunteers is being interviewed by Swansea Sound radio.

We are launching the briefing with a webinar at 12.30pm and have over 100 attendees booked from Welsh Government, local authorities, health boards, third sector and universities.

As ever, your help in retweeting and forwarding the reports to key contacts is much appreciated.



**Volunteering Matters:**

I'm just reaching out to social prescribers who may work with older people and be able to offer our services to them during the next few months. Please let me know if this is of interest to you and if it's helpful, I'm happy to have a quick chat about our activities and how they work.

Kind regards

Shereen



**Fertility Network UK:**

As part of [#FertilityWeek](https://www.facebook.com/hashtag/fertilityweek?__eep__=6&source=feed_text&epa=HASHTAG&__xts__%5B0%5D=68.ARCS0HrK6Kemp9d9wNs9z090mmhFlno5WixpYezdahknIsgAxbxpFms1UXXqHME684Oh9AcjI7WayyNa_yWjDzCx0-PXSqqG1MFIvA9LujRDrx9L02GGwfCpabDk8-ouNiynwNjTMUQCOP6spW9zMqB6jqIJP0IkmLCwnGeb2l8fx5Fjjdjt-Tp017_0uvULxzBoxrq_LaTL24-noxA5EBqbZyBo5FQMhJGGUgs-AkEMI5OZ0-xFjm6rUuUTxiYl6v8X5vRYaacarrMmvVINh6R-dR0Va64yxgw1TkusEZJ2crTrkIfq2txjmuLkMePxMapyDgASZV3kG53Um6bbbAN8YHh6qDIM5dQXfHulBSgZOY3rsLcRAbpfI_n2x70ZP365lVYSacWgkJRGN9VV3EWfNrNiWLTETN-4Gi47d0DvG2XBtd3qwE_2yq5NNNM7Hj09Bk7vSmGC9CCyBCfcQdlwB6mqGAuNhVi8rjdjTm2lvyZ55RVL_sMkYzRYcuo&__tn__=%2ANK-R), today we launch our [#FertilityEducation](https://www.facebook.com/hashtag/fertilityweek?__eep__=6&source=feed_text&epa=HASHTAG&__xts__%5B0%5D=68.ARCS0HrK6Kemp9d9wNs9z090mmhFlno5WixpYezdahknIsgAxbxpFms1UXXqHME684Oh9AcjI7WayyNa_yWjDzCx0-PXSqqG1MFIvA9LujRDrx9L02GGwfCpabDk8-ouNiynwNjTMUQCOP6spW9zMqB6jqIJP0IkmLCwnGeb2l8fx5Fjjdjt-Tp017_0uvULxzBoxrq_LaTL24-noxA5EBqbZyBo5FQMhJGGUgs-AkEMI5OZ0-xFjm6rUuUTxiYl6v8X5vRYaacarrMmvVINh6R-dR0Va64yxgw1TkusEZJ2crTrkIfq2txjmuLkMePxMapyDgASZV3kG53Um6bbbAN8YHh6qDIM5dQXfHulBSgZOY3rsLcRAbpfI_n2x70ZP365lVYSacWgkJRGN9VV3EWfNrNiWLTETN-4Gi47d0DvG2XBtd3qwE_2yq5NNNM7Hj09Bk7vSmGC9CCyBCfcQdlwB6mqGAuNhVi8rjdjTm2lvyZ55RVL_sMkYzRYcuo&__tn__=%2ANK-R) project ‘Your Future Fertility’ in Wales.

We will be speaking to young adults across Wales about reproductive health and making them aware of the lifestyle factors that could impact their future fertility.

Please share far and wide. Thank you for your continued support.

**Are you aged between 16 and 30?**

**Ever thought about** **your future fertility?**

Would you like to be in with a chance of **winning** a £50 Amazon voucher?

To enter our FREE PRIZE DRAW, please take part in the **‘Your Future Fertility’** survey

It’s quick and simple. Just click on the link and take part. When you’re’ done, hit submit. Good luck!

<https://www.surveymonkey.co.uk/r/KFFL8CP>

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Annwyl ffrindiau a chydweithwyr,

Fel rhan o [#WythnosFfrwythlondeb](https://www.facebook.com/hashtag/fertilityweek?__eep__=6&source=feed_text&epa=HASHTAG&__xts__%5B0%5D=68.ARCS0HrK6Kemp9d9wNs9z090mmhFlno5WixpYezdahknIsgAxbxpFms1UXXqHME684Oh9AcjI7WayyNa_yWjDzCx0-PXSqqG1MFIvA9LujRDrx9L02GGwfCpabDk8-ouNiynwNjTMUQCOP6spW9zMqB6jqIJP0IkmLCwnGeb2l8fx5Fjjdjt-Tp017_0uvULxzBoxrq_LaTL24-noxA5EBqbZyBo5FQMhJGGUgs-AkEMI5OZ0-xFjm6rUuUTxiYl6v8X5vRYaacarrMmvVINh6R-dR0Va64yxgw1TkusEZJ2crTrkIfq2txjmuLkMePxMapyDgASZV3kG53Um6bbbAN8YHh6qDIM5dQXfHulBSgZOY3rsLcRAbpfI_n2x70ZP365lVYSacWgkJRGN9VV3EWfNrNiWLTETN-4Gi47d0DvG2XBtd3qwE_2yq5NNNM7Hj09Bk7vSmGC9CCyBCfcQdlwB6mqGAuNhVi8rjdjTm2lvyZ55RVL_sMkYzRYcuo&__tn__=%2ANK-R), rydym yn lansio heddiw ein prosiect [#AddysgFfrwythlondeb](https://www.facebook.com/hashtag/fertilityweek?__eep__=6&source=feed_text&epa=HASHTAG&__xts__%5B0%5D=68.ARCS0HrK6Kemp9d9wNs9z090mmhFlno5WixpYezdahknIsgAxbxpFms1UXXqHME684Oh9AcjI7WayyNa_yWjDzCx0-PXSqqG1MFIvA9LujRDrx9L02GGwfCpabDk8-ouNiynwNjTMUQCOP6spW9zMqB6jqIJP0IkmLCwnGeb2l8fx5Fjjdjt-Tp017_0uvULxzBoxrq_LaTL24-noxA5EBqbZyBo5FQMhJGGUgs-AkEMI5OZ0-xFjm6rUuUTxiYl6v8X5vRYaacarrMmvVINh6R-dR0Va64yxgw1TkusEZJ2crTrkIfq2txjmuLkMePxMapyDgASZV3kG53Um6bbbAN8YHh6qDIM5dQXfHulBSgZOY3rsLcRAbpfI_n2x70ZP365lVYSacWgkJRGN9VV3EWfNrNiWLTETN-4Gi47d0DvG2XBtd3qwE_2yq5NNNM7Hj09Bk7vSmGC9CCyBCfcQdlwB6mqGAuNhVi8rjdjTm2lvyZ55RVL_sMkYzRYcuo&__tn__=%2ANK-R) ‘Eich Ffrwythlondeb yn y Dyfodol’ yng Nghymru.

Byddwn yn siarad ag oedolion ifanc ledled Cymru am iechyd atgenhedlu ac yn eu gwneud yn ymwybodol o’r ffactorau ffordd o fyw a allai effeithiol ar eu ffrwythlondeb yn y dyfodol. Rhannwch bell ac agos, os gwelwch yn dda. Diolch am eich cefnogaeth barhaus.

**Ydych chi rhwng 16 a 30 oed?**

**Ydych chi erioed wedi meddwl am eich ffrwythlondeb yn y dyfodol?**

Hoffech chi fod â siawns o **ennill taleb Amazon gwerth £50?**

I gymryd rhan yn ein RAFFL AM DDIM, cymerwch rwn yn yr arolwg ‘**Eich Ffrwythlondeb yn y Dyfodol’**.

Mae’n gyflym ac yn syml. Cliciwch ar y ddolen a chymryd rhan.

Pan fyddwch wedi’i wneud, cliciwch ar y botwm cyflwyno. Pob lwc!

<https://www.surveymonkey.co.uk/r/KFFL8CP>

**PRIME Centre Wales:**

SUPER are recruiting new members. SUPER is a group of public members and patients who work with PRIME Centre Wales on research about primary and emergency care. SUPER stands for Service Users for Primary and Emergency care Research. PRIME Centre Wales is a collaboration of researchers from four universities, undertaking internationally relevant research to benefit patient care (<http://www.primecentre.wales/>).

**If you have any questions or to send your information please email : Bridie Evans, PRIME Centre Wales,** [**b.a.evans@swansea.ac.uk**](mailto:b.a.evans@swansea.ac.uk)



**Conwy County Borough Council Grant:**

Grant available from CCBC for Home Educated learners or groups who support home educated learners/their families.

No information available on size of the pot, or the maximum amount individuals or groups can make unfortunately.



**Criminal Justice Survey:**

“The survey is designed to shape a pledge on race equality being prepared for the Criminal Justice in Wales Board and the intention is to seek the views of individuals who have experienced the CJ system, either as victims, witnesses or defendants – and professionals who work within it.

The Criminal Justice System is made up of the police, prisons, courts, probation, youth offending and others.

The criminal justice system in Wales is looking to make commitments to race equality and is interested in the views of people involved in the criminal justice system to help shape these. In particular the views of Black, Asian & Minority Ethnic (BAME) people are needed.

This anonymous survey is for people who have experienced the criminal justice system (including those working in it) and to anyone interested in shaping its race equality commitments.

The survey should only take a few minutes to complete.

We would really like to obtain respondents and representation from all corners Wales in order to fully and inclusively inform the pledge.

**The survey itself can be accessed here:** [**https://www.smartsurvey.co.uk/s/AWCJRP/**](https://scanmail.trustwave.com/?c=261&d=-tOh3zF9AUFwpZNRGNzkU88e3oXwlEJLJz-7thW1dg&u=https%3a%2f%2fwww%2esmartsurvey%2eco%2euk%2fs%2fAWCJRP%2f)

Finally, may we please ask that participants complete the survey by **Friday 13th November”.**

**New Study for link worker, social prescriber, community connector or wellbeing coordinators:**

Ydych chi'n weithiwr cyswllt, rhagnodydd cymdeithasol, cysylltydd cymunedol neu gydlynydd llesiant sy'n gweithio yng Ngyhmru?

Os felly, hoffem eich gwahodd i gymryd rhan mewn astudiaeth  gyda'r nod o archwilio'r profiadau a'r dyletswyddau o ddydd i ddydd a gyflawnir ar hyn o bryd gan weithwyr proffesiynol yn y rolau uchod, astudiaeth a drefnir gan ymchwilwyr ym Mhrifysgol De Cymru a Bwrdd Iechyd Prifysgol Cwm Taf Morgannwg.

Mae ymchwil yn awgrymu bod rhagnodi cymdeithasol yn cael ei ddefnyddio i ddisgrifio rhestr eang o ymyriadau a gweithgareddau, gyda phob gwasanaeth yn cael ei addasu'n unigryw i ddiwallu anghenion eu cleientiaid; yn enwedig yn y trydydd sector. O'r herwydd, nodau'r ymchwil hwn fydd mapio'r gwahaniaethau a'r tebygrwydd rhwng ymarfer, datblygu dealltwriaeth o agweddau mwyaf canolog pob rôl a sut mae ymarfer yn cymharu mewn gwahanol leoliadau a sefydliadau. Y gobaith ydy y bydd canlyniadau'r astudiaeth hon yn cyfrannu at drafodaeth ehangach o arferion gorau ar gyfer gweithwyr cyswllt ac yn darparu sylfaen ar gyfer ymchwil pellach i effeithiolrwydd rhagnodi cymdeithasol yn yr ardal.

Bydd yr astudiaeth hon yn gofyn ichi gwblhau arolwg ar-lein, un yr ydyn ni'n amcangyfrif y bydd yn cymryd oddeutu 30 munud i'w gwblhau. Gofynnir cwestiynau i chi am eich dyletswyddau beunyddiol, y sefydliad rydych chi'n gweithio iddo a'ch persbectif ar elfennau o'r rôl. Byddwn hefyd yn gofyn i chi am adborth ar eich profiadau wrth gwblhau'r arolwg.

Os hoffech chi gymryd rhan yn yr astudiaeth hon, darllenwch y daflen wybodaeth i gyfranogwyr a'i llofnodi a dychwelwch y ffurflen gydsynio atodedig -[**thomasroberts1@southwalesac.uk**](mailto:thomasroberts1@southwalesac.uk) . Ar ôl i ni dderbyn rhain, byddwn yn anfon dolen gyswllt atoch i chi allu cyrraedd yr arolwg.

**Os oes gennych unrhyw ymholiadau pellach, cysylltwch â:** [**thomas.roberts1@southwales.ac.uk**](mailto:thomas.roberts1@southwales.ac.uk)

Are you a link worker, social prescriber, community connector or wellbeing coordinator working in the UK?

If so we would like to invite you to participate in an upcoming study aimed at exploring the day-to-day experiences and duties currently performed by professionals in the above roles, organised by researchers at the University of South Wales and Cwm Taf Morgannwg University Health Board.

Research suggests that social prescribing is used to describe a broad list of interventions and activities, with each service being uniquely modified to meet the needs of their clients; especially in the third sector. As such the aims of this research are to map the differences and similarities between practice, to develop an understanding of the most pivotal aspects of each role and how practice compares in different locations and organisations. It is hoped that the results of this study will contribute to a wider discussion of best practice for link workers and provide the basis for further research into the effectiveness of social prescribing in the area.

This study will ask you to complete an online survey, which we estimate will take approximately 30 minutes to complete. You will be asked questions about your day-to-day, the organisation you work for and your perspective on elements of the role.

**If you would like to take part in this study, please read both the participant information sheet and initial and return the attached consent form –** [**thomasroberts1@southwalesac.uk**](mailto:thomasroberts1@southwalesac.uk) . Once this has been received you will be sent a link to the survey.

**If you have any further enquiries contact** [**thomas.roberts1@southwales.ac.uk**](mailto:thomas.roberts1@southwales.ac.uk)

**Anfonwyd ar ran Lywodraeth Cymru / Sent on behalf of Welsh Government:**

To take steps to address the growing concern in relation to mental health in Wales, I’d like to ask for your help in spreading the message that support is available for those that may be struggling with their wellbeing.

We are currently running a campaign across social media, that signposts to the C.A.L.L. Mental Health Helpline for Wales [https://callhelpline.org.uk/](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcallhelpline.org.uk%2F&data=04%7C01%7CSian.Watts%40gov.wales%7Ca12f62cdfb9e4bbe804208d87c01e671%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637395694879809422%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=dXQCbfGMviENFeTD2XE2n5Vv6xrBxUirdaSHpg1D02Y%3D&reserved=0)

The simple message is:

*Sut wyt ti? Sut bynnag wyt ti’n teimlo, mae cymorth ar gael 24/7. Galw 0800 132737, neu tecstio ‘help’ i 81066*

*How are you? No matter how you're feeling, support is available 24/7. Call 0800 132737 or text "help" to 81066*

Assets available here:

[https://we.tl/t-mXqElITTHa](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwe.tl%2Ft-mXqElITTHa&data=04%7C01%7CSian.Watts%40gov.wales%7Ca12f62cdfb9e4bbe804208d87c01e671%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637395694879819379%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=O3qfVc7pnQ5JE1OsvH%2FwSO7LF916j2eb8cD3d3bq7tQ%3D&reserved=0)

Information at this link details further help and support available:

[https://gov.wales/safe-help/mental-health](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgov.wales%2Fsafe-help%2Fmental-health&data=04%7C01%7CSian.Watts%40gov.wales%7Ca12f62cdfb9e4bbe804208d87c01e671%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637395694879824358%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=%2BWRLvBzWSwZbzvOfIC%2BI7mwTWY6a9OM6hmvQGpnm6l8%3D&reserved=0)

[https://llyw.cymru/iach-a-diogel/iechyd-meddwyl?\_ga=2.168261089.1372551002.1603876126-1447233263.1571998567](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fllyw.cymru%2Fiach-a-diogel%2Fiechyd-meddwyl%3F_ga%3D2.168261089.1372551002.1603876126-1447233263.1571998567&data=04%7C01%7CSian.Watts%40gov.wales%7Ca12f62cdfb9e4bbe804208d87c01e671%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637395694879834312%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=05ULO9X5zA0BMqxt2TOXEzNydEJ3byZlJzpj3YYSNfk%3D&reserved=0)

We would be very grateful if you are able to support through your channels so we can reach as many people who need to see this message as possible. We will be posting regular content via:

@WGHealthandCare/@LlCIechydaGofal

@WG\_Communities/@LlC\_Cymunedau

Looking Out for Each Other Facebook account [https://www.facebook.com/lookingoutforeachothersafely/](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.facebook.com%2Flookingoutforeachothersafely%2F&data=04%7C01%7CSian.Watts%40gov.wales%7Ca12f62cdfb9e4bbe804208d87c01e671%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637395694879839290%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=NM2bgjYNtSogj3tms776k14s6eJx5pRfgKH%2F%2FAqZvPY%3D&reserved=0)

@WelshGovernment/@LlywodraethCym

Welsh Government Facebook pages [https://www.facebook.com/welshgovernment/](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.facebook.com%2Fwelshgovernment%2F&data=04%7C01%7CSian.Watts%40gov.wales%7Ca12f62cdfb9e4bbe804208d87c01e671%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637395694879844265%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=eoS8wODqsQRlhiJ7PND6rCjBIHld17TrqBd4UROA258%3D&reserved=0) [https://en-gb.facebook.com/llywodraethcymru](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fen-gb.facebook.com%2Fllywodraethcymru&data=04%7C01%7CSian.Watts%40gov.wales%7Ca12f62cdfb9e4bbe804208d87c01e671%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637395694879854228%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=AAeEfrYNts0roIedLE1h%2F%2B%2FsQZWDK%2BdZJ5WjdOoQkhw%3D&reserved=0)

**Gamcare:**

The pandemic is certainly presenting a challenge. We have been working hard to adapt to the changes and we are now offering online versions of training on the topic of ‘Women and Problem Gambling’.

Below are more sessions planned for Wales in December 2020. Registration takes place on Eventbrite. Zoom webinar joining instructions for the session you have chosen will be sent separately nearer the time of the event.

Please feel free to share with the those who may benefit from the training (i.e. women facing professionals and workers).

2nd December 2020 from 10 am – 12 pm

<https://www.eventbrite.co.uk/e/women-and-problem-gambling-tickets-127704400299>

3rd December 2020 from 10 am – 12 pm

<https://www.eventbrite.co.uk/e/women-and-problem-gambling-tickets-127704974015>

4th December 2020 from 10 am – 12 pm

<https://www.eventbrite.co.uk/e/women-and-problem-gambling-tickets-127705325065>

7th December 2020 from 10 am – 12 pm

<https://www.eventbrite.co.uk/e/women-and-problem-gambling-tickets-127705517641>

14th December 2020 from 10 am – 12 pm

<https://www.eventbrite.co.uk/e/women-and-problem-gambling-tickets-127705738301>

22nd December 2020 from 10 am – 12 pm

<https://www.eventbrite.co.uk/e/women-and-problem-gambling-tickets-127706173603>

**BCUHB Opportunities:**

**\*\*\*Please note the early closing date of 8th November.\*\*\***

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | [**Health Care Support Worker**](https://scanmail.trustwave.com/?c=261&d=q4yb35_6yNomuXZclka1nMsSMXE_UWImJRP_5swmhA&u=https%3a%2f%2fwww%2ejobs%2enhs%2euk%2fxi%2fvacancy%2f916247904) | **Salary:** £19,737 - £21,142 per annum pro rata | | **Location:** Various across Conwy and Denbighshire, Various across Conwy and Denbighshire | **Job Type:** Fixed term | | [**Health Care Support Worker**](https://scanmail.trustwave.com/?c=261&d=q4yb35_6yNomuXZclka1nMsSMXE_UWImJU_978ckgA&u=https%3a%2f%2fwww%2ejobs%2enhs%2euk%2fxi%2fvacancy%2f916247896) | **Salary:** £19,737 - £21,142 per annum pro rata | | **Location:** various across Conwy and Denbighshire, various across Conwy and Denbighshire | **Job Type:** Fixed term | | [**Occupational Therapist**](https://scanmail.trustwave.com/?c=261&d=q4yb35_6yNomuXZclka1nMsSMXE_UWImJUv65pJ_1A&u=https%3a%2f%2fwww%2ejobs%2enhs%2euk%2fxi%2fvacancy%2f916248072) | **Salary:** £24,907 - £30,615 per annum | | **Location:** East area, Wrexham | **Job Type:** Permanent | | [**Advanced Nurse Practitioner**](https://scanmail.trustwave.com/?c=261&d=q4yb35_6yNomuXZclka1nMsSMXE_UWImJU745ZYjhg&u=https%3a%2f%2fwww%2ejobs%2enhs%2euk%2fxi%2fvacancy%2f916248461) | **Salary:** £44,606 - £46,800 per annum | | **Location:** Wrexham | **Job Type:** Permanent | | [**Consultant Physician in Stroke Medicine**](https://scanmail.trustwave.com/?c=261&d=q4yb35_6yNomuXZclka1nMsSMXE_UWImJU-v5pZ11A&u=https%3a%2f%2fwww%2ejobs%2enhs%2euk%2fxi%2fvacancy%2f916248504) | **Salary:** £79,957 - £103,806 per annum | | **Location:** Bronglais General Hospital, Aberystwyth | **Job Type:** Permanent | | |

**Interesting Roles with CCBC:**

**Independent Member to the Standards Committee**

Applications are invited from interested persons who are of high standing in the community and are non-political; can demonstrate sound judgment and probity and are of good character and integrity with the ability to maintain confidentiality.

**Members on Appeal Panels (School Standards and Framework Act 1998 as amended)**

Have you got an interest in educational matters? If so, Conwy County Borough Council is looking for Members to sit on School Admission and School Exclusion Appeal Panels.

Please click [here](https://webrecruitment.secure.conwy.gov.uk/itlive_webrecruitment/wrd/run/etrec106gf.display_srch_all?wvid=1854141z8g#wr_content) for the link and scroll down for further details.

**PENODI AELOD ANNIBYNNOL I’R PWYLLGOR SAFONAU**

Gwahoddir ceisiadau gan rai â diddordeb sy’n uchel eu parch yn y gymuned ac nad ydynt yn wleidyddol; sy’n graff ac yn gywir ac sydd â chymeriad da ac union a’r gallu i gynnal cyfrinachedd.

**AELODAU AR BANELI APÊL (Deddf Safonau a Fframwaith Ysgolion 1998 fel y’i diwygiwyd)**

A oes gennych chi ddiddordeb mewn materion addysgol? Os felly, mae Cyngor Bwrdeistref Sirol Conwy yn chwilio am Aelodau i fod ar Baneli Apeliadau Derbyn a Gwahardd Ysgol.

Cliciwch [yma](https://webrecruitment.secure.conwy.gov.uk/itlive_webrecruitment/wrd/run/etrec106gf.display_srch_all?wvid=1854141z8g#wr_content) am y ddolen a sgroliwch i lawr am ragor o fanylion.

**Action on Hearing Loss – Covid-19 Update:**

Some Action on Hearing Loss services are currently suspended, but where possible we will continue to support people who are Deaf, have hearing loss or Tinnitus.  Please see our website for further information or email us at [Wales@hearingloss.org.uk](mailto:Wales@hearingloss.org.uk). Alternatively, you can contact us via the Information Line on telephone number 0808 808 0123, by text phone on 0808 808 9000 or by SMS on 0780 0000 360. Thank you

Mae rhai o wasanaethau Gweithredu ar Golled Clyw wedi’u gohirio ar hyn o bryd, ond lle bynnag y bo’n bosibl fe fyddwn yn parhau i gynorthwyo pobl sy’n Fyddar, sydd â cholled clyw neu sydd â thinitws.  Edrychwch ar ein gwefan am ragor o wybodaeth neu anfonwch e-bost atom yn [Wales@hearingloss.org.uk](mailto:Wales@hearingloss.org.uk) , os gwelwch yn dda. Neu fel arall, fe allwch gysylltu â ni drwy’r Llinell Wybodaeth ar rif ffôn 0808 808 0123, drwy ffôn testun ar 0808 808 9000, drwy SMS ar 0780 0000 360.  Diolch.

**Alzheimers Society – Job Opportunity:**

I was wondering if you’d be able to share our job vacancy in Conwy?

<https://jobs.alzheimers.org.uk/e/careers/positions/d54aWxHT1nz5gLwERsQvrb>